

BREAKFAST

*Breakfast is served until 11:30am

OATS R45

Creamy oats served with a side of honey

EARLY BIRD BREAKFAST R65

Bacon, two eggs, tomato & a slice of toast

FRENCH BACON & BANANA R75

French toast served with bacon & grilled banana

AVOCADO & HALLOUMI BREAKFAST R90

Halloumi, avocado & two poached eggs served on hash browns with sweet chilli sauce

EGGS BENEDICT R90

Hash browns topped with rocket, hickory ham, two poached eggs & hollandaise sauce

FARMHOUSE BREAKFAST R100

Mushrooms, sausage, bacon, two eggs served with toast

AVOCADO ON TOAST R65

2 slices of toast topped with sliced avocado

RAMBLE SCRAMBLE R65

2 slices of toast topped with mince & scrambled eggs

BREAKFAST BUN R60

Bacon, egg & cheddar cheese served on a bun

BREAKFAST BURGER ROLL R80

Beef patty topped with egg & cheese

OMELETTE R49

Three egg omelette served with a slice of toast

CHOOSE YOUR FILLINGS:

ONIONS, TOMATO, PEPPERS (R18 ea)

CHEDDAR, MOZZARELLA, FETA (R20 ea)

MUSHROOMS, SAVOURY MINCE (R22 ea)

BACON, HAM (R30 ea)

HOT BEVERAGES

FILTER COFFEE R25

DECAF COFFEE R30

AMERICANO R30

ESPRESSO SINGLE R24

ESPRESSO DOUBLE R35

ESPRESSO EXTRA SHOT R12

CAPPUCCINO R32

CAPPUCCINO & CREAM R38

CAFÉ LATTE R38

FLAT WHITE R30

ALMOND CAPPUCCINO R40

OTHER

DECADENT HOT CHOCOLATE R40

HOT CHOCOLATE R34

MILO R35

CAFÉ MOCCA R38

CAFÉ FREEZO R40

RED CAPPUCCINO R35

RED LATTE R40

KAHLUA COFFEE MIX R55

AMARULA COFFEE MIX R55

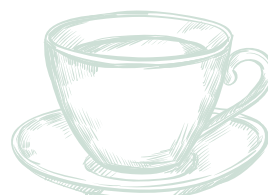
TEA

FIVE ROSES R25

ROOIBOS R25

EARL GREY R25

CHAI LATTE R45



STARTERS

EYE FRIES R60

Chips topped with bacon bits & delectable cheese sauce

CHICKEN LIVERS R70

Flame grilled chicken livers with a hint of peri-peri served with a fresh cocktail roll

CALAMARI R75

Falkland calamari, spiced & grilled with olive oil or deep fried, served with a lemon wedge

HALLOUMI CHEESE R75

Fried sliced halloumi cheese served with a sweet chilli sauce

CHICKEN WINGS R80

Flame grilled chicken wings served with a BBQ dipping sauce

CRUMBED MUSHROOMS R75

Crumbed & deep fried to a golden-brown finish, served with tartar sauce

CREAMY PRAWN TAILS R75

6 prawn tails smothered in a creamy cheese sauce topped with cheese & baked in the oven

*Garlic Optional

SALADS

AVOCADO & HALLOUMI R100

Avocado, halloumi, sunflower seeds, sliced carrots, cucumber, cherry tomatoes & crisp lettuce

CHICKEN, FETA & AVOCADO R110

Grilled chicken strips, avocado, feta, sunflower seeds, cherry tomatoes, cucumber, carrots, red onion & crisp lettuce

CLASSIC GREEK R95

Calamata olives, feta, cucumber, cherry tomatoes, red onions, sliced carrots & crisp lettuce

SMOKED SALMON SALAD R115

Salmon & cottage cheese with cherry tomatoes, cucumber & crisp lettuce

SOUP

BUTTERNUT - 500ML R80

Butternut blended until smooth & creamy with a splash of cream

BURGERS

* All burgers served with a side of chips

ORIGINAL R100

Beef patty, burger roll, lettuce, tomato, pickled cucumber & red onions

CHEESE R110

Beef patty, burger roll, cheddar slice, lettuce, tomato, pickled cucumber & red onions

CHILLI CHEESE R115

Beef patty, burger roll, cheddar cheese, Perinaise & jalapeño

BACON & CHEESE R125

Beef patty, burger roll, bacon, cheddar slice, lettuce, tomato, pickled cucumber & red onions

BACON, AVOCADO & FETA R130

Beef patty, burger roll, bacon, sliced avocado, crumbled feta cheese, lettuce, tomato, pickled cucumber & red onions

BOBBY MCSHROOM R130

Beef patty, burger roll, creamed garlic mushroom, bacon & caramelised onions

CHICKEN BURGER R95

Chicken breast fillet, burger roll, lettuce, tomato, pickled cucumber & red onions

CHICKEN SCHNITZEL R100

Crumbed & fried filleted chicken breast served with pineapple & onion rings

CHICKEN PREGO R95

Chicken prego fillet served on a portuguese roll

PREGO ROLL R105

Beef prego served on a portuguese roll

CURRIES

*All curries served with steamed white rice

BEEF R125

A hearty beef curry with seasonal vegetables, potatoes & a meaty gravy

PRAWN & CHICKEN R110

Tender chicken & prawns cooked in a creamy coconut milk & tomato-based sauce

LAMB R155

Slow cooked tender lamb in a mild spicy vegetable gravy with peppers

SANDWICHES & TRAMEZZINI'S

* All toasted sandwiches & tramezzini's served with chips

Sandwich | Tramezzini's

CHEESE & TOMATO	R50 R65
HAM & CHEESE	R60 R79
HAM, CHEESE & TOMATO	R75 R89
BACON & CHEESE	R70 R89
BACON & EGG	R75 R89
BACON, EGG & CHEESE	R75 R90
CHICKEN MAYONNAISE	R70 R89
TUNA MAYONNAISE	R75 R95
MINCE & CHEESE	R75 R89

WRAPS

BASIC WRAP: Tortilla wrap filled with Mixed lettuce | Sliced tomatoes | Sweet & sour sauce

VEGETARIAN - BASIC WRAP WITH SLICED AVOCADO	R69
CHICKEN - BASIC WRAP WITH GRILLED CHICKEN STRIPS	R89
BEEF - BASIC WRAP WITH GRILLED BEEF STRIPS	R89

CLUBHOUSE SNACKS

CRUMBED CHICKEN STRIPS	R110
Crispy crumbed & deep-fried chicken fillet strips, served with chips & cheese sauce	
CHICKEN NACHOS	R130
Nachos served with chicken strips	
BEEF NACHOS	R140
Nachos served with beef strips	
FISHERMAN'S PLATE	R145
Hake goujons & calamari dusted & deep fried to a golden brown, served with chips & tartar sauce	
SAUSAGE BASKET	R165
Chorizo, cheese grillers, frankfurters & boerewors served with chips for 3 - 4	
SNACK PLATTER	R225
Chicken strips, BBQ chicken wings, halloumi cheese, pork riblets, crumbed mushrooms, chips & onion rings for 3 - 4	

PIZZA

MARGHERITA R75

Napolitana sauce, mozzarella cheese, oregano

HAWAIIAN R99

Margherita base, ham & pineapple

CHICKEN & MUSHROOM R99

Margherita base, chicken & mushroom

REGINA R105

Margherita base, ham & mushrooms

VEGETARIAN R105

Margherita base, green peppers, onion, olives, garlic, mushrooms & peppadews

COUNTRY R115

Margherita base, bacon, feta & avocado

MEXICAN R115

Margherita base, savoury mince, chillies, green peppers, onions & garlic

SWEET CHILLI CHICKEN R115

Margherita base, chicken, chillies, pineapple, garlic & green peppers

CHICKEN LIVERS R105

Margherita base, spicy chicken livers & caramelised onion

FOUR SEASONS R125

Margherita base, artichokes, olives, ham & mushrooms

CHICKEN MAESTRO R130

Margherita base, chicken strips, onions, mushrooms & avocado

SPARE RIB & BACON R135

Margherita base, pulled loin rib & bacon

SOUTHERN R135

Margherita base, chorizo, salami, ham & bacon

SEAFOOD R145

Margherita base, calamari rings, mussels, garlic, prawn meat & crab sticks

SAUSAGE R135

Margherita base, chourizo, frankfurter & cheese grillers

3 CHEESE R105

Margherita base, mozzarella, cheddar & feta

CHICKEN MAYO R105

Margherita base, chicken cubes & peppadews in a creamy mayo sauce

PEPPERONI R119

Margherita base, pepperoni

BBQ CHICKEN R95

Margherita base, chicken & avocado

FOCACCIA

GARLIC FOCACCIA R49

Pizza base with olive oil & fresh garlic

HERB FOCACCIA R49

Pizza base with olive oil & mixed herbs

CHEESE FOCACCIA R70

Pizza base with mozzarella cheese & olive oil & mixed herbs

PASTAS

Choose your pasta Penne | Spaghetti | Fettuccini

BOLOGNESE R115

A rich tomato-based mince pasta sauce

MEXICAN R115

Bolognese & a hint of chilli

SUPREME R125

Crab sticks & prawn meat in a pink sauce

ARABIATTA R89

Olives, garlic & chilli in a napolitana sauce

CHICKEN ALFREDO R115

Chicken, mushrooms & spinach in a creamy white sauce

ALFREDO R105

Ham & mushrooms in a creamy white sauce

SEAFOOD PASTA R130

Mixed seafood in a creamy garlic sauce or napolitana sauce



CHICKEN

GRILLED CHICKEN & GREEK SALAD R105

Flame grilled fillet breasts served with a Greek salad

JALAPENO & FETA CHICKEN R110

Grilled filleted breasts topped with a jalapeno & feta sauce

MUSHROOM & FETA CHICKEN R110

Grilled filleted breasts rolled into a cream, field mushroom & feta cheese sauce

CHICKEN SCHNITZEL R110

Crumbed & fried filleted breasts, served with a creamy cheddar cheese sauce

GRILLED CHICKEN

Half Chicken

Full Chicken

*Lemon & Herb | Barbeque | Peri-Peri

CHICKEN WINGS R175

Full portion of chicken wings served with a side of your choice

CHICKEN CORDON BLEU R125

Chicken breasts stuffed with ham & cheddar cheese, crumbed & deep fried to a golden finish served with a mushroom sauce

SEAFOOD

TRADITIONAL FISH & CHIPS R125

Deep ocean hake fillet grilled or battered & deep fried to a golden finish

KINGKLIP 250G R170

Grilled kingklip served with a side of your choice & lemon butter sauce

SOLE +/- 260G R135

Grilled sole served with a side of your choice & lemon butter sauce

LINEFISH OF THE DAY R125

Ask your waiter. Grilled linefish served with rice & lemon butter sauce

SEAFOOD PLATTER FOR 1 R275

6 prawns, 150g calamari & 1 portion of hake with a side of your choice

SEAFOOD PLATTER FOR 2 R365

6 prawns, 150g calamari & 1 portion of hake, 1 portion of linefish, with a side of your choice

CALAMARI R155

Falkland calamari, spiced & grilled with olive oil or deep fried, served with a lemon wedge

PRAWNS

Served on a bed of rice with lemon butter sauce

SIX R105

TWELVE R205

EIGHTEEN R290



GRILLS

STEAK, EGG & CHIPS R123

200g grilled rump steak topped with a fried egg

AVOCADO, FETA FILLET R215

Feta & avocado stacked fillet topped with fresh rocket, olive oil & balsamic vinegar

LAMB CHOPS R205

300g prime lamb loin chops grilled, with lemon & rosemary

SPARE RIBS R215

1/2 rack loin ribs grilled & basted with a honey marinade

MIXED GRILL R220

150g steak (rump or sirloin), 100g lamb chop, 150g boerewors, 2 chicken wings served with a side of your choice

FINE CUT SELECTION

	200G 300G
FILLET	R170 R205
RUMP	R145 R175

	350G 500G
T-BONE	R185 R205

SAUCES

Cheddar Cheese | Mushroom | Peppercorn | Prego R35

SIDE ORDERS

BAKED POTATO	R30
CHIPS	R35
ONION RINGS	R30
RICE	R30
SIDE SALAD	R35
VEGETABLES OF THE DAY	R35
CREAMY MASH POTATO	R35

MAINS

LAMB SHANK R220

600g - 650g lamb shank served on a bed of creamy mash with a vegetable gravy

EISBEIN R159

950g - 1kg of eisbein served on a bed of creamy mash with sauerkraut & apple sauce

OXTAIL R195

400g of slow cooked oxtail with mixed vegetables served on a bed of creamy mash

COMBO MEALS

ALL COMBO MEALS ARE SERVED WITH A SIDE OF YOUR CHOICE
(All seafood dishes are served with a side of your choice & lemon butter sauce)

6 PRAWNS & 150G CALAMARI	R200
6 PRAWNS & HAKE	R200
HAKE & CALAMARI	R195
KINGKLIP & CALAMARI	R225
SOLE & CALAMARI	R199
KINGKLIP & PRAWN	R215
SOLE & PRAWN	R205
LINEFISH & PRAWN	R199
LINEFISH & CALAMARI	R199
HALF CHICKEN & 6 PRAWNS	R189
200G RUMP & 6 PRAWNS	R225
300G RIBS & 5 WINGS	R185
300G RIBS & HALF CHICKEN	R205

DESSERT

CRÈME BRÛLÉE	R69
MALVA PUDDING - WITH CUSTARD	R65
ICE CREAM & BAR ONE SAUCE	R55
ITALIAN KISSES	R55