

BREAKFAST

*Breakfast is served until 11:30am

OATS R52

Creamy oats served with a side of honey

EARLY BIRD BREAKFAST R78

Bacon, two eggs, tomato & a slice of toast

FRENCH BACON & BANANA R88

French toast served with bacon & grilled banana

AVOCADO & HALLOUMI BREAKFAST R102

Halloumi, avocado & two poached eggs served on hash browns with sweet chilli sauce

EGGS BENEDICT R102

Hash browns topped with rocket, hickory ham, two poached eggs & hollandaise sauce

FARMHOUSE BREAKFAST R115

Mushrooms, sausage, bacon, two eggs served with toast

AVOCADO ON TOAST R80

2 slices of toast topped with sliced avocado

RAMBLE SCRAMBLE R80

2 slices of toast topped with mince & scrambled eggs

BREAKFAST BUN R69

Bacon, egg & cheddar cheese served on a bun

BREAKFAST BURGER ROLL R88

Beef patty topped with egg & cheese

OMELETTE R55

Three egg omelette served with a slice of toast

CHOOSE YOUR FILLINGS:

ONIONS, TOMATO, PEPPERS (R18 ea)

CHEDDAR, MOZZARELLA, FETA (R20 ea)

MUSHROOMS, SAVOURY MINCE (R22 ea)

BACON, HAM (R30 ea)

HOT BEVERAGES

FILTER COFFEE R28

DECAF COFFEE R35

AMERICANO R35

ESPRESSO SINGLE R25

ESPRESSO DOUBLE R40

ESPRESSO EXTRA SHOT R15

CAPPUCCINO R36

CAPPUCCINO & CREAM R42

CAFÉ LATTE R42

FLAT WHITE R35

ALMOND CAPPUCCINO R45

OTHER

DECADENT HOT CHOCOLATE R42

HOT CHOCOLATE R35

MILO R36

CAFÉ MOCCA R45

CAFÉ FREEZO R45

RED CAPPUCCINO R38

RED LATTE R45

KAHLUA COFFEE MIX R65

AMARULA COFFEE MIX R65

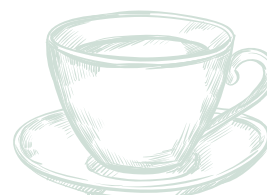
TEA

FIVE ROSES R30

ROOIBOS R30

EARL GREY R30

CHAI LATTE R49



SANDWICHES & TRAMEZZINI'S

* All toasted sandwiches & tramezzini's served with chips

Sandwich | Tramezzini's

CHEESE & TOMATO	R60 R89
HAM & CHEESE	R65 R89
HAM, CHEESE & TOMATO	R75 R99
BACON & CHEESE	R70 R99
BACON & EGG	R75 R99
BACON, EGG & CHEESE	R75 R99
CHICKEN MAYONNAISE	R70 R99
TUNA MAYONNAISE	R75 R99
MINCE & CHEESE	R75 R99

WRAPS

BASIC WRAP: Tortilla wrap filled with Mixed lettuce | Sliced tomatoes | Sweet & sour sauce

VEGETARIAN - BASIC WRAP WITH SLICED AVOCADO	R79
CHICKEN - BASIC WRAP WITH GRILLED CHICKEN STRIPS	R99
BEEF - BASIC WRAP WITH GRILLED BEEF STRIPS	R99

CLUBHOUSE SNACKS

CRUMBED CHICKEN STRIPS	R122
Crispy crumbed & deep-fried chicken fillet strips, served with chips & cheese sauce	
CHICKEN NACHOS	R142
Nachos served with chicken strips	
BEEF NACHOS	R152
Nachos served with beef strips	
FISHERMAN'S PLATE	R162
Hake goujons & calamari dusted & deep fried to a golden brown, served with chips & tartar sauce	
SAUSAGE BASKET	R182
Chorizo, cheese grillers, frankfurters & boerewors served with chips for 3 - 4	
SNACK PLATTER	R242
Chicken strips, BBQ chicken wings, halloumi cheese, pork riblets, crumbed mushrooms, chips & onion rings for 3 - 4	

STARTERS

EYE FRIES R72

Chips topped with bacon bits & delectable cheese sauce

CHICKEN LIVERS R82

Flame grilled chicken livers with a hint of peri-peri served with a fresh cocktail roll

CALAMARI R92

Falkland calamari, spiced & grilled with olive oil or deep fried, served with a lemon wedge

HALLOUMI CHEESE R72

Fried sliced halloumi cheese served with a sweet chilli sauce

CHICKEN WINGS R88

Flame grilled chicken wings served with a BBQ dipping sauce

CRUMBED MUSHROOMS R72

Crumbed & deep fried to a golden-brown finish, served with tartar sauce

CREAMY PRAWN TAILS R72

6 prawn tails smothered in a creamy cheese sauce topped with cheese & baked in the oven

*Garlic Optional

SALADS

AVOCADO & HALLOUMI R105

Avocado, halloumi, sunflower seeds, sliced carrots, cucumber, cherry tomatoes & crisp lettuce

CHICKEN, FETA & AVOCADO R120

Grilled chicken strips, avocado, feta, sunflower seeds, cherry tomatoes, cucumber, carrots, red onion & crisp lettuce

CLASSIC GREEK R105

Calamata olives, feta, cucumber, cherry tomatoes, red onions, sliced carrots & crisp lettuce

SMOKED SALMON SALAD R120

Salmon & cottage cheese with cherry tomatoes, cucumber & crisp lettuce

SOUP

BUTTERNUT - 500ML R80

Butternut blended until smooth & creamy with a splash of cream

BURGERS

* All burgers served with a side of chips

ORIGINAL R120

Beef patty, burger roll, lettuce, tomato, pickled cucumber & red onions

CHEESE R122

Beef patty, burger roll, cheddar slice, lettuce, tomato, pickled cucumber & red onions

CHILLI CHEESE R132

Beef patty, burger roll, cheddar cheese, Perinase & jalapeño

BACON & CHEESE R142

Beef patty, burger roll, bacon, cheddar slice, lettuce, tomato, pickled cucumber & red onions

BACON, AVOCADO & FETA R132

Beef patty, burger roll, bacon, sliced avocado, crumbled feta cheese, lettuce, tomato, pickled cucumber & red onions

BOBBY MCSHROOM R132

Beef patty, burger roll, creamed garlic mushroom, bacon & caramelised onions

CHICKEN BURGER R120

Chicken breast fillet, burger roll, lettuce, tomato, pickled cucumber & red onions

CHICKEN SCHNITZEL R125

Crumbed & fried filleted chicken breast served with pineapple & onion rings

CHICKEN PREGO R120

Chicken prego fillet served on a portuguese roll

PREGO ROLL R125

Beef prego served on a portuguese roll

CURRIES

*All curries served with steamed white rice

BEEF R142

A hearty beef curry with seasonal vegetables, potatoes & a meaty gravy

PRAWN & CHICKEN R129

Tender chicken & prawns cooked in a creamy coconut milk & tomato-based sauce

LAMB R172

Slow cooked tender lamb in a mild spicy vegetable gravy with peppers

CHICKEN

GRILLED CHICKEN & GREEK SALAD R120

Flame grilled fillet breasts served with a Greek salad

JALAPENO & FETA CHICKEN R120

Grilled filleted breasts topped with a jalapeno & feta sauce

MUSHROOM & FETA CHICKEN R120

Grilled filleted breasts rolled into a cream, field mushroom & feta cheese sauce

CHICKEN SCHNITZEL R120

Crumbed & fried filleted breasts, served with a creamy cheddar cheese sauce

GRILLED CHICKEN

Half Chicken

R120

Full Chicken

R192

*Lemon & Herb | Barbeque | Peri-Peri

CHICKEN WINGS

R190

Full portion of chicken wings served with a side of your choice

CHICKEN CORDON BLEU

R135

Chicken breasts stuffed with ham & cheddar cheese, crumbed & deep fried to a golden finish served with a mushroom sauce

SEAFOOD

TRADITIONAL FISH & CHIPS R139

Deep ocean hake fillet grilled or battered & deep fried to a golden finish

KINGKLIP 250G R190

Grilled kingklip served with a side of your choice & lemon butter sauce

SOLE +/- 260G R149

Grilled sole served with a side of your choice & lemon butter sauce

LINEFISH OF THE DAY R139

Ask your waiter. Grilled linefish served with rice & lemon butter sauce

SEAFOOD PLATTER FOR 1 R305

6 prawns, 150g calamari & 1 portion of hake with a side of your choice

SEAFOOD PLATTER FOR 2 R395

6 prawns, 150g calamari & 1 portion of hake, 1 portion of linefish, with a side of your choice

CALAMARI R172

Falkland calamari, spiced & grilled with olive oil or deep fried, served with a lemon wedge

PRAWNS

Served on a bed of rice with lemon butter sauce

SIX R122

TWELVE R230

EIGHTEEN R315



GRILLS

STEAK, EGG & CHIPS R132

200g grilled rump steak topped with a fried egg

AVOCADO, FETA FILLET R235

Feta & avocado stacked fillet topped with fresh rocket, olive oil & balsamic vinegar

LAMB CHOPS R225

300g prime lamb loin chops grilled, with lemon & rosemary

SPARE RIBS R232

1/2 rack loin ribs grilled & basted with a honey marinade

MIXED GRILL R245

150g steak (rump or sirloin), 100g lamb chop, 150g boerewors, 2 chicken wings served with a side of your choice

FINE CUT SELECTION

	200G 300G
FILLET	R175 R210
RUMP	R150 R180

	350G 500G
T-BONE	R190 R210

SAUCES

Cheddar Cheese | Mushroom | Peppercorn | Prego R35

SIDE ORDERS

BAKED POTATO	R32
CHIPS	R35
ONION RINGS	R32
RICE	R32
SIDE SALAD	R35
VEGETABLES OF THE DAY	R35
CREAMY MASH POTATO	R35

MAINS

LAMB SHANK R240

600g - 650g lamb shank served on a bed of creamy mash with a vegetable gravy

EISBEIN R182

950g - 1kg of eisbein served on a bed of creamy mash with sauerkraut & apple sauce

OXTAIL R222

400g of slow cooked oxtail with mixed vegetables served on a bed of creamy mash

COMBO MEALS

ALL COMBO MEALS ARE SERVED WITH A SIDE OF YOUR CHOICE
(All seafood dishes are served with a side of your choice & lemon butter sauce)

6 PRAWNS & 150G CALAMARI	R215
6 PRAWNS & HAKE	R215
HAKE & CALAMARI	R215
KINGKLIP & CALAMARI	R235
SOLE & CALAMARI	R215
KINGKLIP & PRAWN	R229
SOLE & PRAWN	R219
LINEFISH & PRAWN	R215
LINEFISH & CALAMARI	R215
HALF CHICKEN & 6 PRAWNS	R195
200G RUMP & 6 PRAWNS	R230
300G RIBS & 5 WINGS	R200
300G RIBS & HALF CHICKEN	R210

DESSERT

CRÈME BRÛLÉE	R70
MALVA PUDDING - WITH CUSTARD	R70
ICE CREAM & BAR ONE SAUCE	R60
ITALIAN KISSES	R60

PIZZA

MARGHERITA R85

Napolitana sauce, mozzarella cheese, oregano

HAWAIIAN R110

Margherita base, ham & pineapple

CHICKEN & MUSHROOM R110

Margherita base, chicken & mushroom

REGINA R120

Margherita base, ham & mushrooms

VEGETARIAN R120

Margherita base, green peppers, onion, olives, garlic, mushrooms & peppadews

COUNTRY R130

Margherita base, bacon, feta & avocado

MEXICAN R130

Margherita base, savoury mince, chillies, green peppers, onions & garlic

SWEET CHILLI CHICKEN R130

Margherita base, chicken, chillies, pineapple, garlic & green peppers

CHICKEN LIVERS R120

Margherita base, spicy chicken livers & caramelised onion

FOUR SEASONS R139

Margherita base, artichokes, olives, ham & mushrooms

CHICKEN MAESTRO R142

Margherita base, chicken strips, onions, mushrooms & avocado

SPARE RIB & BACON R149

Margherita base, pulled loin rib & bacon

SOUTHERN R149

Margherita base, chorizo, salami, ham & bacon

SEAFOOD R149

Margherita base, calamari rings, garlic, prawn meat & crab sticks

SAUSAGE R149

Margherita base, chourizo, frankfurter & cheese grillers

3 CHEESE R120

Margherita base, mozzarella, cheddar & feta

CHICKEN MAYO R120

Margherita base, chicken cubes & peppadews in a creamy mayo sauce

BBQ CHICKEN R115

Margherita base, chicken & avocado

BBQ BEEF R135

FOCACCIA

GARLIC FOCACCIA R60

Pizza base with olive oil & fresh garlic

HERB FOCACCIA R60

Pizza base with olive oil & mixed herbs

CHEESE FOCACCIA R80

Pizza base with mozzarella cheese & olive oil & mixed herbs

PASTAS

Choose your pasta Penne | Spaghetti | Fettuccini

BOLOGNESE R130

A rich tomato-based mince pasta sauce

MEXICAN R130

Bolognese & a hint of chilli

SUPREME R139

Crab sticks & prawn meat in a pink sauce

ARABIATTA R100

Olives, garlic & chilli in a napolitana sauce

CHICKEN ALFREDO R130

Chicken, mushrooms & spinach in a creamy white sauce

ALFREDO R125

Ham & mushrooms in a creamy white sauce

SEAFOOD PASTA R139

Mixed seafood in a creamy garlic sauce or napolitana sauce

BEEF STROGANOFF R135

Beef strips in a creamy garlic white sauce

